



Cowboy Commitment

New parents please read!

We, the Mission Viejo Cowboys, members of Orange County Junior All American Football (OCJAAF) organization are very proud of our program and all its participants. This is an enormous commitment for all of our volunteers and our incredible athletes.

If you are new to the organization there are some things we would like to make you aware of. For the Executive Board and the Board of Director volunteers our season never really ends. We continue our commitment year round. As for you as parents and athletes your commitment will begin towards the last week in July possibly to the beginning of December.

Practice begins usually in the last week in July and your actual season may not end until the week after Thanksgiving, depending on how far you go into playoffs and of course SUPERBOWL.

Coaches have the option of holding 5 or 6 day a week practices, beginning around the last week of July, no more than 2 hours each practice, until generally when school starts in September. After which practices are held 3 days a week, again no longer than 2 hours each practice, until the end of the season which for some teams is Superbowl. Games are held Saturday's. Superbowl is typically held at the end of November or the beginning of December.

The entire month of August you can expect a full week's commitment and the most vital conditioning, drills and team building during that time. Family vacation time should be scheduled prior to the last week of July. Missing vital practice time in the month of August not only puts the athlete behind but the team as well.

We cannot stress enough that all teams participating in OCJAAF adhere to this schedule. OCJAAF teams do travel. The Cowboys may travel to the cities of Baldwin Hills, Inglewood, Compton, Carson, Tustin, La Mirada, Buena Park and several others. Carpooling is suggested but transportation is not provided and is the responsibility of the parents.

This information is not suggested to be a deterrent to our program. As stated before we are very proud of our organization and see ourselves as family. This is to prepare you for a large commitment but incredibly rewarding experience. Some families are just not prepared for how large of a commitment it requires. We feel it is very worth it and so do many other families who continue to return year after year.

Please also take the time to read and sign the Information Sheet as well. There are additional financial responsibilities that will be required of you. Again, this is only information to empower you with enough information before you place a monetary commitment.

If you should have any questions please feel free to contact us at any time.

Sincerely,
MVYF, Inc.
Home of the "Mission Viejo Cowboys."